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Regular Board Mee ting ʹ August 25 , 2015

Approved Minutes – Central Committee for Catholic School Councils - May 14, 2015

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F 1 Pg. 3

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 The revised HPEC, Grades 1 – 8, 2015 can be accessed by visiting:
http://www.edu.gov.on.ca/eng/curriculum/elementary/health1to8.pdf.
 The HPEC has 3 strands: Active Living, Movement Competence and Healthy Living.
 The Healthy Living strand covers the topics Healthy Eating, Personal Safety and Injury
Prevention, Substance Use, Addictions and Related Behaviours and Human Growth and
Sexual Health. It is important to remember that this curriculum covers Physical Education
expectations, which will be used in our schools as it has been laid out by the Ministry.
 The controversy arises in the last topic, Human Growth and Sexual Health in the form of
phrases found in the teacher prompts and the expressions used in the student prompts. It
should be noted that the expressions used in these prompts are optional. All HPEC human
growth and sexual health expectations will be met through the Fully Alive program.
Teachers will not be using the prompts and examples supplied in the Ministry document -
they will use the material that has been provided by ICE and approved unanimously by every
Bishop in Ontario and finally by the Cardinal.
 It is important to remember that the HPEC is not just a Sex Education curriculum. It is a rich
program with critical thinking, communication and creative and includes long needed
learning around Mental Health and Online behaviours.
 Teachers will be provided with their own copy of all resources required to teach the revised
HPEC and 0 0 1 325.25 53the HPEC is no

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C. Reports

1 . Trustee Repor t ʹ S . Xaviour

• Catholic Education Wee k was celebrated from May 4

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to May 8

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